

..... EVERYDAY MENU
STARTERS

Heart Healthy
Vegetarian

Heart Chicken & Vegetable Soup

Heart Low Sodium Cream of Tomato Soup

Soup du Jour

Heart Chicken or Tuna Salad Plate
Served with Fresh Fruit & Banana Bread

SALAD DRESSINGS
Ranch French Bleu Cheese Honey Mustard Balsamic Vinaigrette
Italian Caesar 1000 Island Oil & Vinegar Raspberry Vinaigrette

Classic Cobb Salad
Mixed Greens, Cheddar Cheese, Hard Boiled Egg, Cucumber, Bacon, Tomato & Avocado

Classic Caesar Salad
Romaine, Croutons, Parmesan & Caesar dressing.
Add Chicken

Village Wedge Salad
Tomato, Bacon, Red Onion & Bleu Cheese Dressing
Add Chicken

HANDHELDS

All Sandwiches served on your choice of bread with Two Sides
Bread Choices: Rye, Wheat or White

Classic BLT Sandwich
Whole / Half
Bacon, Lettuce, Tomato & Mayo

Chicken or Tuna Salad Sandwich
Whole / Half
Lettuce & Tomato

Deli Sandwich
Whole / Half
Ham, Turkey or Roast Beef with Lettuce, Tomato, Mayo & American or Swiss Cheese

Village Club Sandwich
Whole / Half
Ham, Turkey, Bacon, Lettuce, Tomato, Mayo, American & Swiss Cheese

The Village Burger
Choice of Beef or Veggie Patty
Lettuce, Tomato, Onion & Pickle

The Village Hot Dog
Grilled All Beef Frank

MAIN DISHES

Served with your choice of Two Sides

Beef Tenderloin 6 oz
Seasoned with Salt & Pepper & Grilled to Order



CATCH OF THE WEEK
Grilled or Pan Seared

Heart Norwegian Salmon Filet 6 oz
Seasoned with House Spice Blend & Pan Seared

Heart Grilled Chicken Breast 8 oz
Herb Marinated & Grilled

*see your server for details

2 Egg Omelet
Two Fresh Cracked Eggs Stuffed with your choice of Veggies & Protein

Pasta Marinara
Classic House Made Marinara

SIDES

Heart Caesar Salad
Heart House Salad
Heart Bean Du Jour
Heart Avocado

Heart Baked Sweet Potato
Sweet Potato Fries
Heart Baked Potato
French Fries

Heart Unsweetened Apple Sauce
Heart Fresh Fruit & Berries
Heart Cottage Cheese
Steamed White Rice

BEVERAGES

Coffee • Hot Tea • Iced Tea • Coca-Cola Products • Milk • Juice • Fruit or Veggie Smoothie

Wine Chardonnay • Sauvignon Blanc • Rose • Pinot Noir • Cabernet Sauvignon 5

Beer 3